

Order Ref: 4027

## Emergency First Aid at Work (HSE Approved)

Open Course

Duration: 1 Day  
Maximum delegates: 8

The course is ideal for people who do not require a fully certificated first aid qualification but who feel that a basic knowledge in the subject would be useful to their role.

### Aims:

The course aims to teach delegates basic aspects of dealing with emergencies, with an emphasis on handling 'life threatening' situations in the workplace.



### Objectives:

On completion of the course, successful Candidates should be able to:

- understand the role of the Emergency First Aid at Work first aider, including reference to:
  - the importance of preventing cross infection
  - the need for recording incidents and actions;
  - use of available equipment
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to a casualty who is unconscious (including seizure);
- administer cardiopulmonary resuscitation;
- administer first aid to a casualty who is choking;
- administer first aid to a casualty who is wounded and bleeding;
- administer first aid to a casualty who is Suffering from shock;
- provide appropriate first aid for minor injuries.

### Course Programme:

Below are examples of subjects covered on the course: -

- Primary Assessment
- Secondary Assessment
- Breathing and Circulation
- Principles of Resuscitation
- Airway Obstruction
- Disorders of Circulation
- Bleeding

Other subjects are covered too; here are examples of other relevant subjects: -

- Medical Conditions, asthma, diabetes etc
- Burns and Scalds
- Head Injuries



**For further information and a no obligation quotation, please contact us:**

**Tel: 01793 - 740011**

**or email:  
info@healthandsafetyadvisory.co.uk**

**www.healthandsafetyadvisory.co.uk**

