

## LEVEL 2 AWARD IN HEALTH AND SAFETY IN THE WORKPLACE

Duration: 1 Day  
Maximum delegates: 16



This course assumes no prior knowledge of health and safety and it is suitable for operating staff as well as managers in any sector of business

### COURSE PROGRAMME

#### INTRODUCTION

- Health and Safety at Work
- Health and Safety Law (candidates are not expected to know the specific detail of statutes)

#### ACCIDENTS AND ILL HEALTH

- Prevention of Accidents and ill Health
- Risk Assessment
- First Aid at Work (candidates are not expected to perform any specific first aid techniques)
- Personal Protective Equipment (PPE)

#### WORKPLACE SAFETY

- Workplace Health, Safety and Welfare
- Work Equipment
- Electricity
- Fire Prevention

#### OCCUPATIONAL HEALTH

- Introduction
- Hazardous Substances
- Ergonomics and Workstation Design
- Manual Handling
- Noise and Vibration

#### EXAMINATION

Candidates are assessed by a short objective test consisting of 30 multi-choice questions.

Oral tests are available to ensure that candidates with learning difficulties or disabilities can also access the training and achieve success.

### AIMS

This course aims to provide employees with fundamental understanding of health and safety concepts which will enable them to contribute to any health and safety management system.



### OBJECTIVES

The programme will enable employees to:

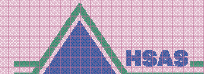
- Identify key hazards in their own workplace
- Understand the importance of health and safety rules and working procedures
- Report potential health and safety problems
- Be responsible for their own actions.
- Work in a safe and healthy manner and contribute to improving health and safety within an organisation's policy

### WHAT OUR DELEGATES SAID:

'A very valuable course, well presented'

"Trainer allowed time to absorb & digest information; to reflect on topics and discuss with other course candidates'

For further information contact:



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